BEFORE YOU START
Review the Curriculum Features, which are foundational to SEL work. As you read them, mark those features that you already do well in your program, and those that may need to be improved. You can further explore these features in Chapter 2 of the SEL Field Guide.

SELECT A DOMAIN
Look at the first page, which overviews the domains. Of the six domains, select one to review first. Consider your program, and focus on one offering (same group of youth with the same staff over a sequence of sessions for a clearly stated learning purpose) in particular.

? Which of the skill domains is your program best designed to build in youth?

READ THE STANDARDS AND PRACTICE INDICATORS
The standards and practice indicators are separated into Key Youth Experiences and Staff Practices.

The SEL Challenge offering curricula are designed to provide youth with real world challenges, such as providing community service, writing and performing in a theater production, surviving in the wilderness, or organizing a campaign for school improvement. These experiences are intentionally co-created by staff and youth, but they point to adult decisions and behaviors necessary to make them happen. For this reason, key youth experiences are included as standards for SEL practice.

Our definition of staff practices is broad and includes both momentary staff behaviors as well as more enduring structures that the staff put into place. We also identify each standard as one of five types of practice: structure, modeling, scaffolding, coaching, facilitating.

As you read, consider:

? Which of these standards and practice indicators resemble what you are doing in your program?
? Which seem challenging to implement?
? Which represent practices that you could implement more effectively or more often?

READ THE QUOTES
The vignettes provide examples of how the practices are applied in different ways. These context-rich descriptions are in the language of the expert practitioners that were the focus of the SEL Challenge. There are many variations on the practices, and these vignettes only represent a few. You can read more vignettes in the SEL Field Guide, and see how they’re directly related to the standards and practice indicators. After reading the quotes, consider:

? What do these practices look like in your program?
? How would you describe them?

CONTINUE WITH THE REMAINING DOMAINS
Read through the standards, practice indicators, and vignettes for all of the domains to get an overview of each. Then dive deeper in the SEL Field Guide to learn more about those practices that stood out to you.