Hi! I am CLEVER CLOVER!

I will come to your home in these special activity pages called “FUNWORKS”!

These pages are filled with games, ideas, puzzles, and activities to help you learn more about 4-H!

WELCOME TO 4-H!

So, turn the page and join me for 4-H fun!
The 4-H Pledge

A pledge tells what is important to a club or group. The people that belong to a club begin their meeting by saying the pledge together. This helps to remind them of why they are in the club or group.

In 4-H, the members say the 4-H pledge at the beginning of their meeting.

In 4-H...

...it is important to learn, compare, decide, discuss, appreciate, understand.

...it is important to care about others, be honest, be a friend, to be loyal.

...it is important to help others, help make improvements, make things better, to assist, to serve.

...it is important to take good care of myself by eating well, exercising, getting plenty of sleep and going to the doctor and dentist on a regular basis.

...by doing this I can make a difference by what I do with my family; as a member of my 4-H club; in the town, city or area where I live, as a citizen of the United States and in the world I share with people from many countries and cultures.

I pledge my head to clearer thinking...

Now you can practice saying the 4-H pledge so you will know it when you go to your 4-H club meeting.
"Tiny" Turkey has hidden six words in the pumpkins that relate to 4-H. Look for the words and circle them. Some go down and some go across.

Gobble, Gobble! Gobble! Gobble, Gobble, Gobble!

(In turkey talk he is saying "Good Luck"!)

Creative Corner
Draw a face on this pumpkin with your pencils and crayons.

4-H Super Snack
Spread peanut butter and jelly on a tortilla. Then roll up the tortilla. Now cut the tortilla from side to side into sections (the width of 2 fingers). Lay the sections on a plate. You now have a snack that is tasty and it is also a cool-looking pinwheel! ENJOY!
4-H Foods Project

*Teaches you about foods that are good for you!
*It's a great project because you learn how to make something and then you get to eat it!

Circle the name of a food and then draw a line from that food to the food group where it belongs. Do this for all the foods.

When you are done check the answers on the back page to see if you got all the foods in the right food groups.

Hamburger
Orange
Tomato
Grapes
Corn
Pasta
Peas
Apple
Yogurt
milk
Bread
String Cheese
Chicken
Ham

Food Facts
There are 5 food groups.
Everyday you should eat foods from each of the 5 groups.
Can you find the hidden items in this drawing?

- star
- 4-leaf clover
- bear face
- bird
- carrot
- triangle
- letter "L"
- spoon
- safety pin
- comb
- candle
- ice cream cone
- banana
- heart
- golf club
Answers to the Food Group Activity

- Grapes-fruit
- Peas-vegetable
- Milk-dairy
- Hamburger-meat
- Orange-fruit
- Corn-vegetable
- Apple-fruit
- Bread-grain
- Chicken-meat
- Tomato-vegetable
- Yogurt-Dairy
- Pasta-grain
- String Cheese-dairy
- Ham-meat

How did you do?

- Note to Parents -

Welcome to 4-H!

The 4-H Youth Development Program offers you and your family unique opportunities to do activities and projects TOGETHER! You will learn, make friends and have fun with your child(ren) while participating in the program!

It is important that you take an active role in 4-H. This way you can be informed of what is happening in the 4-H Program and can encourage and support your child(ren)'s involvement.

We're glad you have joined the 4-H Youth Development program!

We look forward to your participation!

Clever Clown & the 4-H Staff