I like to help! It makes me feel good to do something for someone else, or to help with chores around our home.

Come join me and learn about being a helper. Find out where and how you can help.

Note to Parents:

Teaching young people the importance of helping others can make a difference in their own lives. Helping starts at home and then reaches beyond to the neighborhood, to the school and to the community. Helping teaches responsibility—caring about others, being part of getting things done. 4-H helps young people learn how they can and do make a difference. Helping, or “volunteering,” has been a cornerstone of the 4-H Youth Development Program from its very beginning in the early 1900’s. Volunteering is reflected in the 4-H pledge, “I pledge my hands to greater service.”

Each year 4-H Clubs plan and carry out a Community Service project. Perhaps the most important thing about volunteering is reflected in research which shows that young people who are taught to volunteer will continue to do so throughout their lives. What better legacy can a parent give a child? Clara Clark and the 4-H Club.
Who can I help?
Mom, Dad, sister, brother, Grandpa, Grandma, friend, neighbor, 4-H leader, a teacher, boy or girl that lives near you, or many other people.

How can I find out what to do?
I can ask. Would you like some help? What can I do to help?

Why should I help?
Makes me feel good to help other people! Makes someone else happy! Helps gets something done. It is more fun to do things together. I can do my part. It is the right thing to do.

Here is a great idea! Make a helper book.

My Helper Book
I help Mom. I put my toys away.

At 4-H, I help
set up the flags at our meeting.

You can make a helper book. Fold white paper in half and use color pages, use colored paper for the cover. In your book you can draw pictures that show who you helped and what you did to help. You can take your book to your County Fair as an 4-H exhibit.
Finding Out More About 4-H

Who can I help?
Mom, Dad, sister, brother, Grandpa, Grandma, friend, neighbor, 4-H leader, a teacher, boy or girl that lives near you, or many other people.

How can I find out what to do?
I can ask. Would you like some help? What can I do to help?

Why should I help?
Makes me feel good to help other people! Makes someone else happy! Helps get something done. It is more fun to do things together. I can do my part. It is a the right thing to do.

Here Is a Great Idea! Make a Helper Book.

At 4-H, I help
Mom. I put my toys away.

My Helper Book

You can make a helper book. Fold white paper in half and use for pages, use colored paper for the covers. In your book you can draw pictures that show who you helped and what you did to help. You can take your book to your County Fair as an 4-H exhibit.
At 4-H, I help with the flags. My tosy. I put my tosy away. My tosy away, my tosy away.  

Helping was also a part of the 4-H Program.  

Here is a great idea!  

WHO can I help?  

Mother,  

Teacher,  

Special needs friend,  

Blood donor,  

Friend,  

Sister,  

Brother,  

HOW can I find out what to do?  

Ask them, say “What can I do to help other people?”  

What about helping at home?  

Makes me feel good to help other people!  

What can I do to help?  

Jobs like helping someone play a piano, it is more fun to do things together.  

I can do more to do things together.  

I can do more to do things together.
Where are the hidden items?

The music note-part of the letter “q” in the sign, “make my bed”, the match-part of the toy box lid, the cherry is one of the wheels on the truck, the candle can be found on the left part of the bedroom door, the eye glasses are hidden in one of the pieces in the small pile of building parts under the big left hand, the ring is part of the vase on the table, the donut is part of the form, the toothpick is in the front left bed bag, the slice of bread can be found on the headboard, the toothbrush is in the left leg of the table, the sucker is part of the recycling container, the raindrop is in on the “small hat” on the bathroom floor, the bottle is one of the handles on the jump rope, and the envelope is part of the little building by the toy box.

Which item was the hardest to find?

I like to help! It makes me feel good to do something for someone else, or to help with chores around our home!

Come join me and learn about being a helper. Find out where and how you can help.

Akhonéesta
Activity pages for young 4-H members

- Note to Parents -

Training young people the importance of helping others can make a difference in their own lives. Helping starts at home and then reaches beyond to the neighborhood, to the school and to the community. Helping teaches responsibility, being part of something bigger, and how they can and do make a difference. Helping or “volunteering” has been a cornerstone of the 4-H Youth Development Program from its very beginning in the early 1900’s. Volunteering is reflected in the 4-H pledge, “I pledge my hands to greater service.” Each year our 4-H Clubs plan and carry out a Community Service project. Perhaps the most important thing about volunteering is reflected in research which shows that young people who are taught to volunteer will continue to do so throughout their lives. What better legacy can a parent give a child? Choose 4-H and give your child the best.
I like to help! It makes me feel good to do something for someone else, or to help with chores around our home!

I pledge to help improve my community and do my part to make it better. I will help others when they need help. I will do my best to be a good friend, a good helper, and a good citizen.

I pledge to help my family and friends do chores they need help with. I will be there when they need me. I will do my part to keep our home and neighborhood clean and safe.

I pledge to help my school and classmates. I will be a good student and help others learn. I will do my best to make my school a better place to learn and live.

I pledge to help my community and the world. I will be a good citizen and do my part to make the world a better place. I will do my best to protect the environment and help others.

I will live up to my promise to help. I will do my best to be a good helper and a good citizen. I will do my part to make the world a better place.

Note to Parents:

Teaching young people the importance of helping others can make a difference in their own lives. Helping others at home and then reaching beyond to the neighborhood, to the school and to the community. Helping teaches responsibility; being able to do things for others, being part of getting things done. 4-H helps young people learn how they can and do make a difference. Helping or "volunteering" has been a cornerstone of the 4-H Youth Development Program from the very beginning in the early 1900’s. Volunteering is reflected in the 4-H pledge: "I pledge my hands to greater service." Each year most 4-H Clubs plan and carry out a Community Service project. Perhaps the most important thing about volunteering is reflected in research which shows that young people who are taught to volunteer will continue to do so throughout their lives. What better legacy can a parent give a child? Please share this and use it with others.