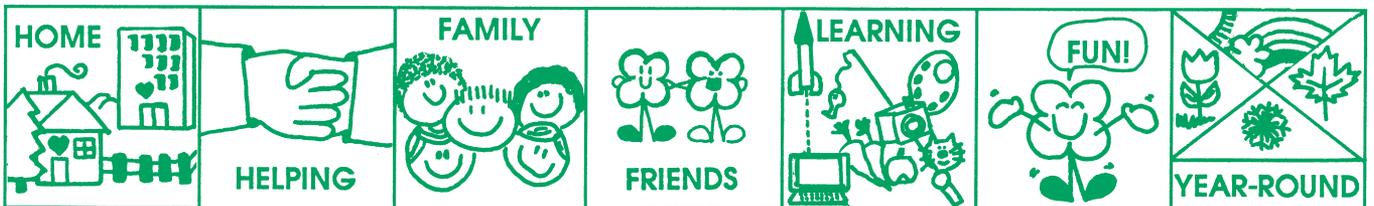
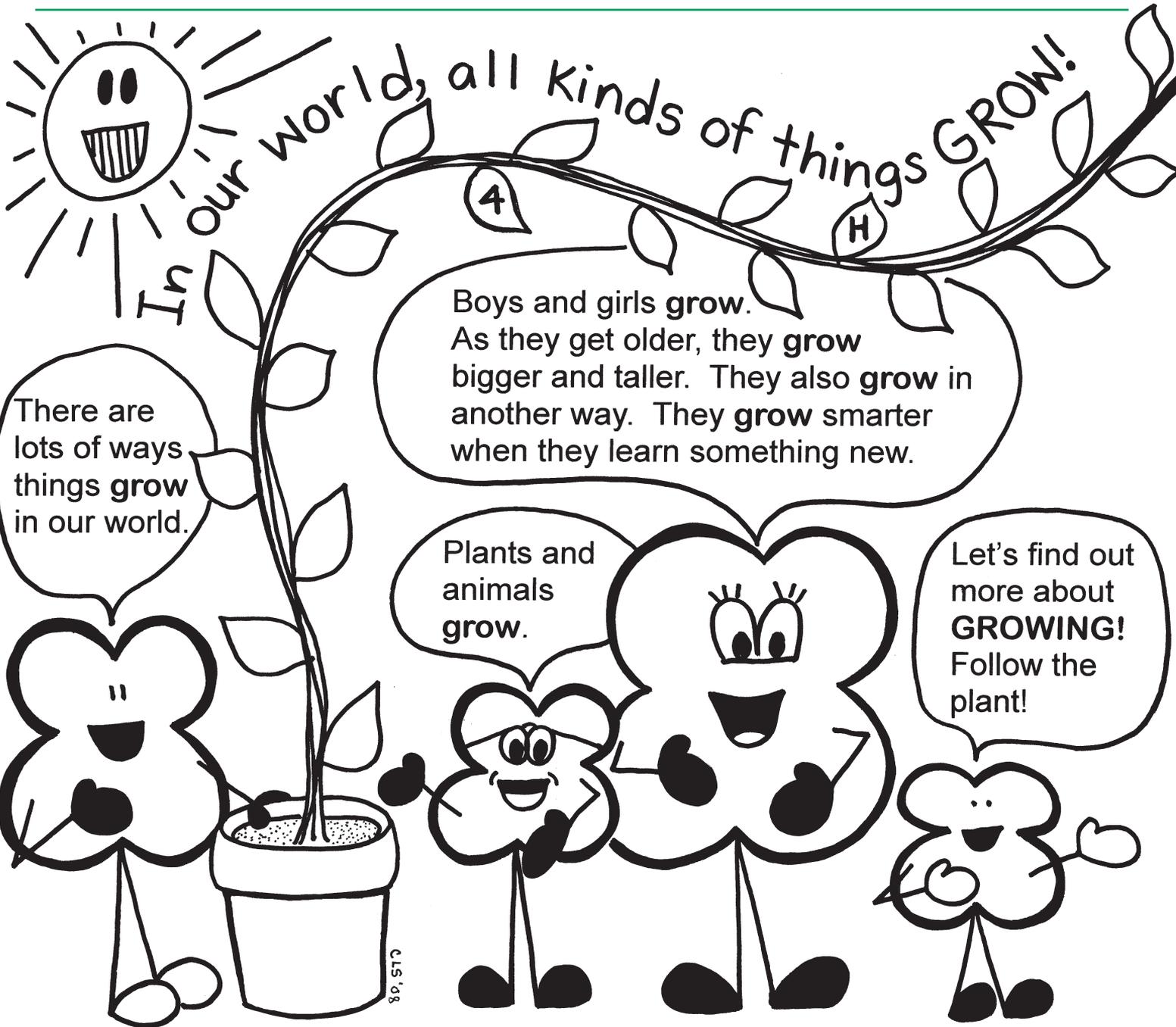


MINNESOTA
4H FUNWORKS

Activity pages for young 4-H members





Grades 9 -13

You can GROW in 4-H!

Grades 6-8

- Serve as a 4-H club officer. *
- Help as a teen leader in your 4-H club.
- Serve on a 4-H club committee. *
- If your county has a 4-H teen group, join in!
- Participate in county events, like 4-H Demonstration Day or Favorite Foods Show, or Arts-In. *
- Take several exhibits to the County Fair. Do a good job on your exhibit, you could earn a trip to State Fair! *
- Go to 4-H camp! *
- Attend state 4-H leadership event. *

- Teach about a 4-H project to other club members.
- Run for a 4-H office on the county level.
- Help with a least one county 4-H event.
- Give leadership to the county 4-H teen group.
- Help as a counselor at 4-H camp.
- Give leadership to your 4-H club's community service project.
- Participate in State Arts-In.
- Apply to be a State 4-H Ambassador.
- Attend national leadership conference in Washington D.C.

Grades 3-5

- Starting at 3rd grade you can choose which projects you want to learn about in 4-H.
- Attend your 4-H club meetings. *
- Take part in county events with your 4-H club, like Share The Fun. *
- Enter at least one 4-H project exhibit at the County Fair. *
- Give a 4-H demonstration at your 4-H club meeting. *
- Go to 4-H camp! *
- Help with your 4-H club's community service project. *
- Attend project meetings. *

Grades K-2

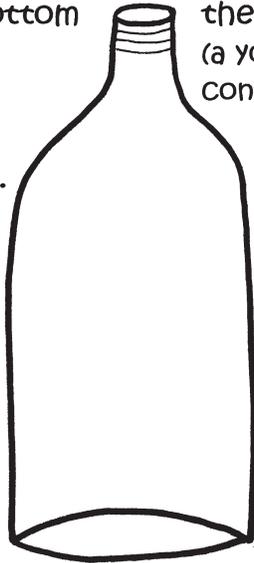
- Join 4-H as a Cloverbud!
- Attend Cloverbud and/or 4-H club meetings. *
- Learn about the 4-H Program. *
- Get involved in 4-H activities with your 4-H club. *
- Take an item you made to the County Fair!
- Go to 4-H Day Camp!
- Attend county Cloverbud activities.

In the Clover shapes above, add a face, hair, glasses, a cap or whatever you want to create your own Clover Kids.

* These 4-H activities can be done throughout the years in 4-H. NOTE: 4-H activities and events may vary from county to county.

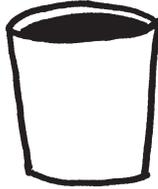


1. Have an adult cut the bottom off a 2-liter pop bottle.



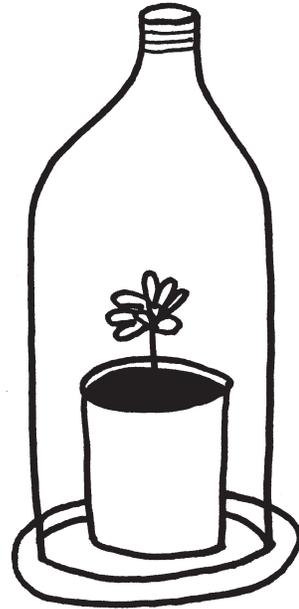
2. Use a container that will fit inside the pop bottle. (a yogurt or similar size container will work)

3. Have an adult punch holes in the bottom to let the water drain.



4. Fill the container with dirt.

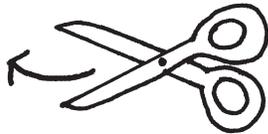
5. Plant seeds according to directions on the seed packet.



7. Put the bottle in a window. Take care of your plants according to the seed packet.

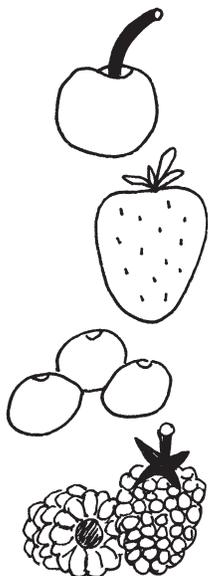
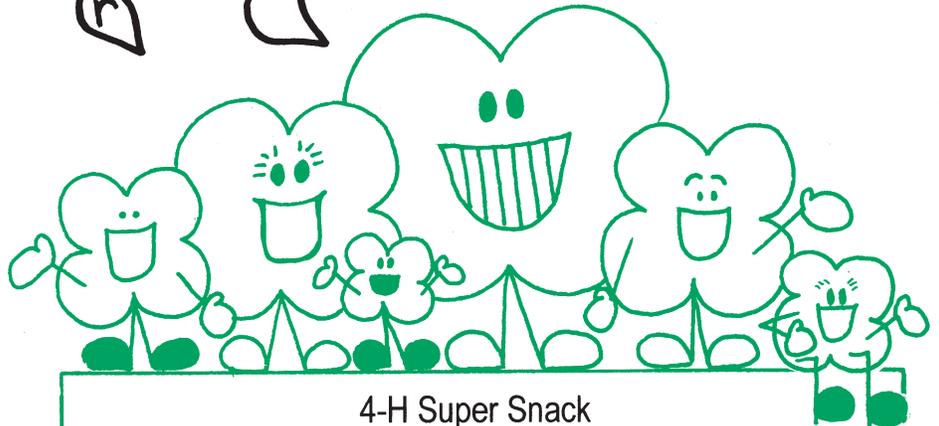
8. Watch your plants grow.

6. Use a cover from a cottage cheese container for the bottom of the mini-greenhouse.



GROW a mini-greenhouse

Fruit ideas for your smoothie!



Cherry

Strawberry

Blueberry

Raspberry

How do these fruit grow?

Do they grow on a plant, on a bush or on a tree?

(Check the back page for the answers.)

4-H Super Snack Fruit Smoothie—a Yummy Drink!

You will need:

- 1 cup frozen yogurt (try vanilla first and then try other flavors)
- 1 cup of juice (white grape or apple)
- 2 cups of fresh or frozen fruit



Have an adult help you with this part:
Put everything in a blender. Put on the cover.
Mix well until smooth.

Pour in a glass. **ENJOY!**



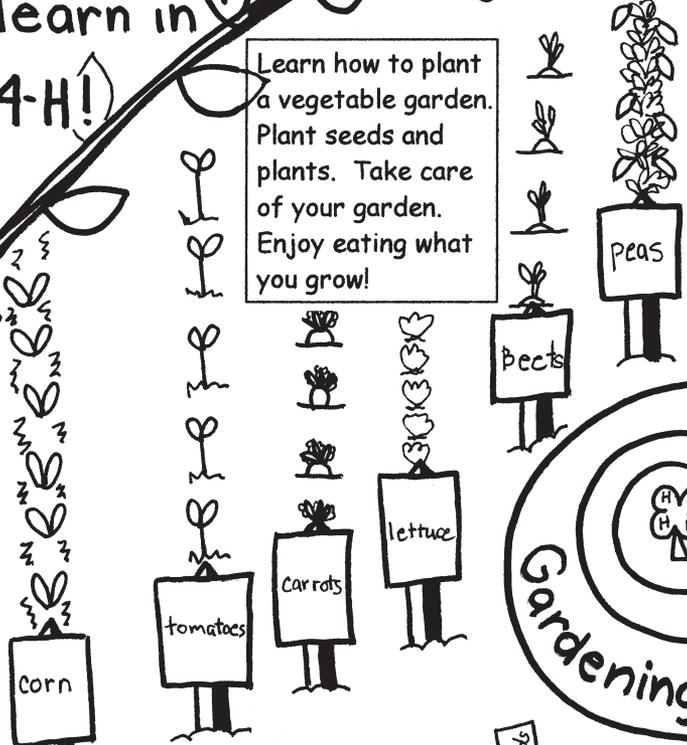
GROW plants!

Look what you can learn in 4-H!

- great page to color -

Vegetables

Learn how to plant a vegetable garden. Plant seeds and plants. Take care of your garden. Enjoy eating what you grow!



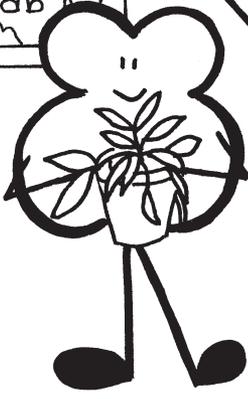
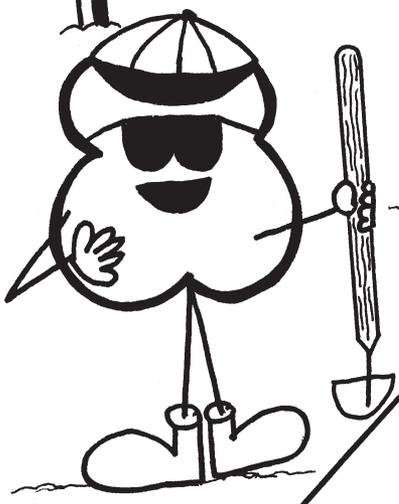
Flowers

Pick out some plants and seeds. Plant them and take care of them. Make your yard beautiful!



Indoor plants

Choose an indoor plant for your home. Learn how to care for it.



CLC '08



How do things GROW in our world?

Some insects have wings and other insects grow wings.

As animals grow, so do their legs, or fins, or hooves, or paws.

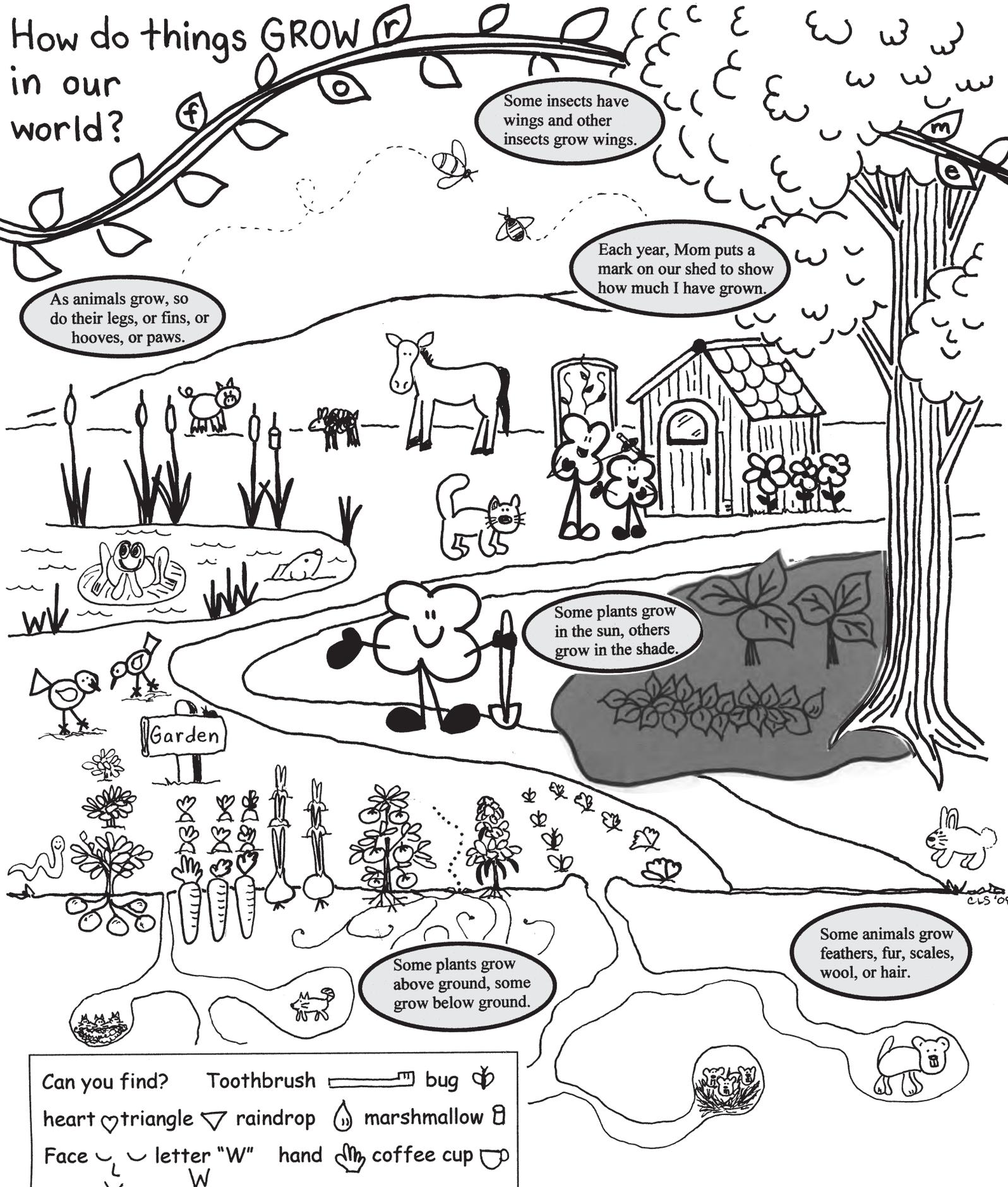
Each year, Mom puts a mark on our shed to show how much I have grown.

Some plants grow in the sun, others grow in the shade.

Some plants grow above ground, some grow below ground.

Some animals grow feathers, fur, scales, wool, or hair.

- Can you find? Toothbrush  bug 
 heart  triangle  raindrop  marshmallow 
 Face  letter "W"  hand  coffee cup 





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What is the SECRET message?

You will find letters and a number in the vine leaves on the pages of this FUNWORKS issue. Start at first page. Put the letters and number in the order that you find in the blanks below.

_____!

Where do these fruit GROW?

Cherries grow on a tree, **Strawberries** grow on a plant, **blueberries** grow on a bush and **raspberries** grow on a bush!

Where are the hidden items? The coffee cup is on the roof of the shed, the hand is the top for one of the carrots, the letter "W" is at the shore of the pond-bottom left, the face is in the tree leaves-bottom right, the bug is in the second row of plants from the right, the marshmallow is part of a plant on the top of the pond, the heart is in the first row of plants on the right, the raindrop is in the plants in the shade of the tree, the triangle is a bird's tail, and the toothbrush is in the wall of the shed.

- Note to Parents -

Your child has so many ways to grow through their 4-H involvement. As a 4-H Cloverbud they will begin to learn about the 4-H program. They will get a general introduction to some of the 4-H projects and 4-H events.

Each year they can continue to grow by their involvement in their 4-H Club. Through the years they can **grow in knowledge** through selecting 4-H projects they can learn about. They can **grow in leadership skills** by serving as a club officer or helping on a club committee. They can **grow personally** by getting to know other members in their club.

You have a key role to play in helping your child gain the most from their 4-H experience. You can give rides, keep track of dates, answer questions, read the 4-H newsletter, attend the club meetings. You can encourage and guide them as they seek to increase knowledge and skills related to 4-H projects and expand their involvement in 4-H events/activities. **Along the way, you will also grow from your 4-H experience!**