How do things GROW in our world?

Some plants grow in the soil, others grow in the shade.
Some animals grow on trees, fly, swim, or walk.
Some insects have wings and other ways they grow.

Each year, Mom puts a stalk on our shelf to show how much I have grown.

There are lots of ways things grow in our world.

Plants and animals grow.

Note to Parents -
Your child has many ways to grow through their 4-H involvement. As a 4-H Volunteer, they will begin to learn about the 4-H program. They will get a general introduction to some of the 4-H projects and 4-H events.
Each year, they can continue to grow by their involvement in their 4-H Club.
Through the years, they can grow in knowledge through selecting 4-H projects they can learn about. They can grow in leadership skills by serving as a club officer or helping on a club committee.
They can grow personally by getting to know other members in their club.

You have a key role to play in helping your child gain the most from their 4-H experience. You can give them trick of dates, answer questions, find the 4-H newsletter, attend the club meetings. You can encourage and guide them as they seek to increase knowledge and skills related to 4-H projects and expand their involvement in 4-H events and activities.
Along the way, you will see the growth from your 4-H experience.

Boys and girls grow.
As they get older, they grow bigger and taller. They also grow in another way. They grow smarter when they learn something new.
3. Grow your plants and enjoy! Test your new skills and watch your plants grow over the summer. You may even want to keep your plants indoors for the winter months.

4. 4-H Super Snack: Fruit Smoothie—A Yummy Drink!
You will need:
1 cup frozen yogurt (try vanilla first and then try other flavors)
1 cup of juice (white grape or apple)
1 cup of fresh or frozen fruit

Mix all ingredients together and serve. Yum!
Grades 9-13:
- Each about a 4-H project to other club members.
- Run a 4-H office on the county level.
- Help with at least one county 4-H event.
- Give leadership to the county 4-H team.
- Help as a counselor at 4-H camp.
- Give leadership to your 4-H club’s community service project.
- Participate in State Arts in.
- Attend a State 4-H Fair.
- Attend State 4-H Leadership event.

Grades 3-5:
- Start at 3rd grade you can do all the projects you want.
- Learn about 4-H.
- Attend 4-H club meetings.
- Take part in county events with your 4-H club like 4-H Fair.
- Attend one or more 4-H project meetings at the County Fair.
- Join 4-H demonstration at your 4-H club meeting.
- Go to 4-H Camp.
- Help with your local club’s community service project.
- Attend project meetings.

In the Clover shapes above, add a face, hair, glasses, a cap or whatever you want to create your own Clover Kids.

### 4-H Super Snack

**Fruit Smoothie—A Yummy Drink!**

- You will need:
  - 1 cup frozen yogurt (try vanilla first and then try other flavors)
  - 1 cup of juice (try white grape or apple)
  - 2 cups of fresh or frozen fruit

- Take an adult help you with this part:
  - Put everything in a blender. Put on the cover. Mix well until smooth.

Pour in glass. **ENJOY!**
GROW mini-greenhouse

Grades 9 - 13

- Each about a 4-H project to other club members.
- Run a 4-H office on the county level.
- Help with at least one county 4-H event.
- Give leadership to the county 4-H group.

Additional leadership:
- Help in a community at 4-H camp.
- Give leadership to your 4-H club's community service project.
- Participate in State Arts in.

- Attend a State 4-H Camp.
- Attend a national leadership conference in Washington, D.C.

3. Have an adult cut the bottom of a 2-liter pop bottle.

4. Fill the container with dirt.

5. Plant seeds according to directions on the seed packet.

6. (Use a clover from the container to create your own mini-greenhouse.

7. Put the bottle in a windowsill. Take care of your plants according to the seed packet.

GROW plants! Look what you can learn in 4-H!

- Flowers
- Vegetables

Flowers: Pick out some plants and seeds. Plant them and take care of them. Make your yard beautiful!

Vegetables: Learn how to plant a vegetable garden. Plant seeds and water them. Take care of your garden. How about eating what you grew?

In the Clover shapes above, add a face, hair, glasses, a cap or whatever you want to create your own Clover Kids.

Cherry
Strawberry
Blueberry
Raspberry

4-H Super Snack

Fruit Smoothie—a Yummy Drink!

You will need:
1 cup frozen yogurt (try vanilla first and then try other flavors)
1 cup of juice (white grape or apple)
2 cups of fresh or frozen fruit

Have an adult help you with this part:
Put everything in a blender. Put on the cover. Mix well until smooth.

Pour in a glass.  ENJOY!

These 4-H activities can be done throughout the years in 4-H.
NOTE: 4-H activities and events may vary from county to county.
How do things GROW in our world?

Some insects have wings and other insects grow wings.

Each year, Mon puts a mark on our shed to show how much I have grown.

Some plants grow in the soil, others grow in the shade.

What is the SECRET message?
You will find letters and a number in the vine leaves on the pages of this PUBLiCORK activity. Start at first page. Put the letters and number in the order that you find a in the blanks below.

Where do these fruit GROW?
Cherries grow on a tree, Strawberries grow on a plant, blueberries grow on a bush and raspberries grow on a bush.

Where are the hidden words?
The of a cap is on the of the shed, the top of the can is on the of the shed, the of the nip is on the shed, the of the bear is on the shed, the of the bear is on the shed, the of the bed is on the shed, the of the shark is on the shed, the of the basket is on the shed.

Note to Parents -
Your child may be more interested in growing through their 4-H involvement. As a 4-H Vacation Club they will begin to learn about the 4-H program. They will get a general introduction to some of the 4-H projects and 4-H events.

Each year they can continue to grow by their involvement in their 4-H Club. Through the years they can grow in knowledge through selecting 4-H projects they can learn about. They can grow in leadership skills by serving as a club officer or helping on a club committee. They can grow personally by getting to know other members in their club.

You have a key role to play in helping your child get the most from their 4-H experience. You can give ideas, keep track of dates, answer questions, read the 4-H newsletter, attend the club meetings. You can encourage and guide them as they seek to increase knowledge and skills related to 4-H projects and expand their involvement in 4-H events/activities. Along the way, you will also grow from your 4-H experience.
Some insects have wrap and other wrap that grow ways.

Each year, Mom puts a mark on our shed to show how much I have grown.

Some plants grow in the soil, others grow in the shed.

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What is the SECRET message?

You need find letters and a number in the vine leaves on the pages of the FUNWORKS issue. Start at first page. Put the letters and number in the order that you find them in the blanks below.

____________________   ______

Where are the non-farmers?

The office is on the roof of the shed. The hand is the top for one of the canoes. The letter "W" is on the pine of the pond. The branch is on the tree leaves behind the right. The monochrome is part of the plant on the top of the pond. The heart is on the little tree of plants on the right. The triangle is a bird's head, and the thumbprint is in the wall of the shed.

Some animals grow, so do their eggs, or leaves, or flowers, or insects.

Some plants grow in the soil, others grow in the shed.

Can you find?

- Toothbrush
- Bug
- Heart
- Triangle
- Randrop
- Marshmallow
- Face
- Letter "W"
- Hand
- Coffee cup
- W

There are lots of ways things grow in our world.

Boys and girls grow. As they get older, they grow bigger and taller. They also grow in another way. They grow smarter when they learn something new.

- Note to Parents -

Your children may write to grow through their 4-H involvement. As in 4-H, children will learn more about the 4-H program. They will get a general introduction to some of the 4-H projects and 4-H events.

Each year they can continue to grow by their involvement in their 4-H Club. Through their years they can grow in knowledge through selecting 4-H projects they can learn about. They can grow in leadership skills by serving as a club officer or helping on a club committee. They can grow naturally by getting to know other members in their club.

You have a key role to play in helping your child gain the most from their 4-H experience. You can give ideas, keep track of dates, answer questions, read the 4-H newsletter, attend the club meetings. You can encourage and guide them as they seek to increase knowledge and skills related to 4-H projects and expand their involvement in 4-H experiences.

Along the way, you will also grow from your 4-H experience.

Plants and animals grow.

Let's find out more about GROWING! Follow the plant!