4-H YOUTH TEACHING YOUTH

Teen Teacher Survey Results (2013-2014)

The 4-H Youth Teaching Youth Program—Teen Teacher Outcomes:

1) Teen teachers will learn and engage in wise decision making
2) Teen teachers will teach healthy living topics which meet the needs of their community
3) Teen teacher will establish a positive youth-to-youth relationship with their peers
4) Teen teachers will utilize a variety of effective teaching methods
5) Teen teachers will respect their respective teachers
6) Teen teachers will contribute to creating a healthy school and community climate
7) Teen teachers will demonstrate effective leadership, teamwork, and communication skills

What the 4-H Youth Teaching Youth team sought to learn from the survey:

- What do teen teachers gain from participating in the 4-H Youth Teaching Youth program?
  - What do teen teachers learn about themselves by participating in the 4-H YTY program?
- How have teen teachers developed/improved/gained leadership skills through their participation in 4-H YTY?
- To what extent does the 4-H YTY experience enable teens to avoid negative influences and allow them to focus on their strengths and potential?
- To what extent does the 4-H YTY experience enable teens to make positive healthy living choices?

Who was surveyed:

- 242 youth who participated in the program as teen teachers during the 2013-2014 school year.
- The gender break down of respondents was: 91% female, 9% male
- Represented counties: Anoka, Dakota, Scott, and Washington
- Years of teen teacher experience:
  - 64% of teen teachers were participating in the 4-H YTY program for the first time
  - 33% were returning for their second or third year of teaching
  - 2% were completing their fourth and final year of teaching
The Results:

90% of youth respondents consider participation in the 4-H YTY program an important or extremely important reason to make healthy living choices.

94% of youth surveyed state that the YTY teaching experience has helped them make healthy living choices.

The respondents indicated the following barriers to making healthy lifestyle choices:

What things from the 4-H YTY program helped the teens make healthy living choices?

“I've made healthy living choices because I want to be a role model for younger kids. Being in this program has made me realize that a lot of younger kids look up to me, and I think that if I demonstrate healthy living choices, they will too.”

“Reading over the lessons and seeing the videos helps me as much as it helps the kids I teach. It's a constant reminder to keep making the right choices...also, knowing the kids I teach look up to me- I would never want to do anything that might disappoint them.”