



MEDIA RELEASE

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Minnesota Meats Contest

St. Paul, MN (8/31/2016)

Minnesota Meats was a new opportunity in 2016. State Fair Livestock Exhibitors had the chance to experience the importance of quality meat products from birth all the way up to the consumer's plate.

4-Her's worked in teams of 3-4 members to prepare a Minnesota grown meat product that was nutritious as well as appealing to consumers. Exhibitors chose from beef, dairy, swine, sheep, meat and dairy goats, rabbits and poultry categories. Teams were made up of youth from multiple counties.

Teams were provided with aprons, charcoal, grills, grilling utensils, the meat cut that was prepared, salt and pepper, salad greens and cheeses. Teams had 30 minutes to prepare a final product. Youth were judged on 40% taste, 30% appearance and 30% team knowledge about basic nutrition questions such as calories and carbohydrates content.

Winning Counties

Dairy	Kandiyohi
Goat	Goodhue
Swine	Beltrami
Poultry	Sibley
Beef	Stevens
Sheep	Fillmore

The 4-H program is funded through a partnership of federal, state, county and private resources and is part of the University of Minnesota Extension Service. More Minnesota State Fair results and photos can be found at <http://www.4-H.umn.edu/fairresults>.