Project Meeting Outline

**Project:** Clothing

**Project Activity:** Sewing a Hot Pad

**Life Skill to Work On:** Learning to Learn

**Purpose/Goal:** Getting to know the sewing machine by sewing a hot pad

**Preferred Grade(s):** 3-5  
**Minimum # of Youth:** 3  
**Maximum # of Youth:** 6  
**Time Needed:** 2 hours

<table>
<thead>
<tr>
<th>Activity</th>
<th>Description</th>
<th>Time</th>
<th>Supplies Needed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Welcome/get acquainted activity</td>
<td>Sewing tools</td>
<td>15 mins.</td>
<td>Basic tools: scissor, pins, needles - hand/ machine, bobbin, measure, oil, and brushes</td>
</tr>
</tbody>
</table>
| Project hands on activity        | 1. Getting to know the sewing machine  
2. Sewing the Hot pad | 10-15 mins.  
45 mins | Fabric, batting, cinnamon sticks |
| Recreation                       | "Hulabaloo" - modified            | 15 mins    | game pictures of sewing tools                                                   |
| Snack                            | Apples, Pear & dip, Pretzels, Water | 15 mins    | Plates Napkins Cups                                                           |
| Optional business/decisions      | Precut fabric and batting  
Determine cost                   |            |                                                                                 |
| Just in case Extra activity      | 1. Bingo of sewing items  
2. pictures on paper to stitch |            |                                                                                 |

OVER
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Project: Clothing

List Questions to Discuss (Guiding Experiential Learning)

Experience
What was easy? Fun? Challenging?

Sharing
What did you learn?
What did you learn about yourself?

Process
What made this a good project?
What was important to do in making the hot pad?

Generalize
What was important to know about the sewing machine?
What do you feel you need to do better?

Apply
How will you use this hot pad?
What will you sew next?
Who will you share this experience with?

Prepared by: List first and last names

Youth:

Adult: