



# Poverty Income Guidelines (2016)

For all states (except Alaska and Hawaii) and the District of Columbia

Household Size	100%	115%	125%	130%	135%	185%	200%
1	11,880	13,662	14,850	15,444	16,038	21,998	23,760
2	16,020	18,425	20,025	20,826	21,627	29,637	32,040
3	20,160	23,184	25,200	26,208	27,216	37,296	40,320
4	24,300	27,945	30,375	31,590	32,805	44,955	48,600
5	28,440	32,706	35,550	36,972	38,394	52,614	56,880
6	32,580	37,467	40,725	42,354	43,983	60,273	65,160
7	36,730	42,240	45,913	47,749	49,586	67,951	73,460
8	40,890	47,024	51,113	53,157	55,202	75,647	81,780
Each Additional	4,160	4,160	4,160	4,160	4,160	4,160	4,160

Here are some programs for which eligibility is partially based on Federal Poverty Guidelines. Programs vary when updated guidelines become effective.

## Food Programs

Supplemental Nutrition Assistance Program (SNAP; formerly called Food Stamps/Food Support)  
 Free school meals  
 Reduced price school meals  
 Women, Infants & Children (WIC)

Below 165% of poverty level (MN percentage; varies per state)  
 Below 130% of poverty level  
 130% to 185% of poverty level  
 Below 185% of poverty level, pregnant women, infants, and children to age 5

## Education and Legal Programs

Head Start  
 Legal Aid Services

At or below 100% of poverty level  
 At or below 125% of poverty level

## Minnesota Programs

Minnesota Family investment Program (MFIP)  
 Telephone Service Discount  
 Family Assets for Independence in MN (FAIM)

At or below 115% of poverty level  
 At or below 135% of poverty level  
 At or below 200% of poverty level

## Table Source

Office of the Federal Register. (2016, January 25). *Annual update of the HHS poverty guidelines*. Retrieved from <https://www.federalregister.gov/documents/2016/01/25/2016-01450/annual-update-of-the-hhs-poverty-guidelines>

## Food Program Sources

Food and Nutrition Service – United States Department of Agriculture. *Supplemental Nutrition Assistance Program eligibility*. Retrieved from [http://www.fns.usda.gov/snap/applicant\\_recipients/eligibility.htm](http://www.fns.usda.gov/snap/applicant_recipients/eligibility.htm)

Federal Register. (2016, January 25). *Annual update of the HHS poverty guidelines*. Retrieved from <https://www.federalregister.gov/documents/2016/01/25/2016-01450/annual-update-of-the-hhs-poverty-guidelines>

Food and Nutrition Service – United States Department of Agriculture. (2016, April 5). *WIC income eligibility guidelines*. Retrieved from <http://www.fns.usda.gov/wic/wic-income-eligibility-guidelines>

## Education and Legal Program Sources

Head Start – United States Department of Health & Human Services. (2016, February 12). *Poverty guidelines and determining eligibility for participation in Head Start Programs*. Retrieved <https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/operations/mang-sys/ersea/PovertyGuideline.htm>

Office of the Federal Register. (2013, February 4). Income level for individuals eligible for assistance. *Federal Register*, 78(23). Retrieved from <https://www.gpo.gov/fdsys/pkg/FR-2013-02-04/pdf/2013-02327.pdf>

## Minnesota Program Sources

Minnesota Department of Human Services. (2016, January). *Facts about Minnesota Family Investment Program*. Retrieved from <https://edocs.dhs.state.mn.us/lfserver/Public/DHS-5830-ENG>

Minnesota Public Utilities Commission. (n.d.). *Telephone service discount programs*. Retrieved from <http://mn.gov/web/prod/static/puc/live/consumers/telephone-discounts/index.html>

Help Minnesota Save. (n.d.). *Individual development accounts (IDAs)*. Retrieved from [http://www.helpmnsave.org/index.asp?Type=B\\_BASIC&SEC=%7b4C7E7026-187D-44E5-9772-523507712D4C%7d](http://www.helpmnsave.org/index.asp?Type=B_BASIC&SEC=%7b4C7E7026-187D-44E5-9772-523507712D4C%7d)

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