INSTANT OATMEAL MIX

SERVES 12

Preparation time: 5 minutes

INGREDIENTS

- 6 cups quick cooking oatmeal
- ¾ cup brown sugar
- 2 teaspoons cinnamon

Optional add-ins:

- 1 cup raisins or Craisins
- 1 cup dried apples
- 1 teaspoon nutmeg
- ½ cup sliced almonds

DIRECTIONS

1. Mix all ingredients and store in air-tight container.

SINGLE-SERVE DIRECTIONS

STOVE TOP

1. Bring ½ cup water to a boil.
2. Pour water over ½ cup oatmeal mixture. Stir.
3. Let sit one minute before serving.

MICROWAVE

1. In microwave-safe bowl, mix ½ cup water and ½ cup oatmeal mix.
2. Microwave 1 minute. Stir.
3. Let sit one minute before serving.

ADJUST THE THICKNESS OF YOUR OATMEAL

Use less water to make it thicker, more water to make it thinner.

SIMPLY GOOD EATING