BAKED TOMATO SLICES

SERVES 4

Preparation time: 15 minutes
Bake time: 20 minutes

INGREDIENTS

4 large ripe tomatoes, sliced ½-inch thick
1/8 cup grated parmesan cheese
½ cup bread crumbs
2 cloves garlic, minced
2 tablespoons fresh parsley, chopped
½ teaspoon dried oregano
Salt and pepper to taste
1 tablespoon olive oil

DIRECTIONS

1. Mix together parmesan cheese, bread crumbs, garlic, parsley, oregano, salt, and pepper.
2. Spray shallow baking pan with cooking spray.
3. Place tomato slices close together in greased pan.
4. Sprinkle tomato slices with parmesan cheese mixture.
5. Drizzle slices with olive oil.
6. Bake at 400° F for 20 minutes or until topping is lightly toasted.

WAYS FOR KIDS TO HELP

OLDER CHILDREN CAN
wash tomatoes, mince garlic, and chop parsley.

SIMPLY GOOD EATING