Pass the Salmonella, Please

**AGE/GRADE LEVEL:** Youth, Grades K-6; Teens; Adults and Older Adults

**FORMATION:** Standing in a circle

**EQUIPMENT:** Rubber chicken; music (CD or radio); optional: Glo-germ

**RULES/DIRECTIONS:**
1. Teacher starts the music; participants then pass the rubber chicken from one person to another.
2. When the music stops, the person holding the chicken is “out;” he or she must pass the chicken to the person behind, then step out of the circle. Once out, he or she continues to march in place.
3. When the music starts again, the person who just received the chicken starts to pass it again.
4. With each music interval, participants can pass the rubber chicken in a different manner. Examples:
   - Throw high or throw low
   - Throw behind back
   - Throw between legs
   - Throw with opposite hand (from their usual)
5. The last person standing (without the chicken) is the winner.

**VARIATION:** Before starting, secretly put some Glo Germ on the rubber chicken to indicate the presence of germs on food. This could be used as a warm-up for a food safety lesson or a lesson on cooking whole chickens for a meal. View hands with blacklight after activity.

To increase the activity level, have participants march or do knee lifts while music plays.

**NUTRITION NOTE:** Use with food safety and/or hand washing lesson.