Fruit and Vegetable Line

AGE/GRADE LEVEL: Youth, Grades 2-5

FORMATION: Standing at desks

EQUIPMENT: Fruit and vegetable food models or pictures

RULES/DIRECTIONS:
1. Teacher gives each student a food model or picture.
2. Teacher asks students to line up, in order, by the size of the food in their model or picture.
3. Teacher then asks students to move into groups by a characteristic of the fruit or vegetable, such as color or type – root, stem, flower, or leaf.
4. Once in a group, students act out how their fruit or vegetable would look in a certain situation. Examples:
   - Swaying in the wind
   - In a thunderstorm
   - Weighted down with snow

VARIATION: Use other food groups with appropriate food models or pictures.

NUTRITION NOTE: Use with fruits and vegetables lesson or corresponding lesson if the variation is followed.