



## HELPING TEENS NAVIGATE PEER RELATIONSHIPS

# Resources for Parents and Teens

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### WEBSITES

- University of Minnesota Extension: Family: <http://www.extension.umn.edu/family/>
- Focus Adolescent Services: <http://www.focusas.com/Parenting.html>
- Family and Home Network: <http://www.familyandhome.org>
- Parenting.org: A free online resource from the parenting experts at Boys Town: <http://www.parenting.org>

### BOOKS

- Caron, A. F. (1992). *'Don't stop loving me': A reassuring guide for mothers of adolescent daughters*. New York: Harper Perennial.
- Giannetti, C., & Sagarese, M. (2001). *Cliques: 8 Steps to help your child survive the social jungle*. New York: Broadway Books.
- Pollack, W. (1998). *Real boys: Rescuing our sons from the myths of boyhood*. New York: Random House.
- Steinberg, L. (2014). *Age of opportunity: Lessons from the new science of adolescence*. New York: Houghton Mifflin Harcourt.
- Steinberg, L. (2011). *You and your adolescent: The essential guide for ages 10-25*. New York: Simon & Shuster.
- Thompson, M., Cohen, L. J., & O'Neill Grace, C. (2002). *Best friends, worst enemies: Understanding the social lives of children*. New York: Random House.
- Wiseman, R. (2002). *Queen bees and wannabes: Helping your daughter survive cliques, gossip, boyfriends and other realities of adolescence*. New York: Three Rivers Press.