



## HELPING TEENS NAVIGATE PEER RELATIONSHIPS

# Resources for Facilitators

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### GENERAL REFERENCE ON PARENTING

Steinberg, L. (2004). *The 10 basic principles of good parenting*. New York: Simon & Schuster.

### RESOURCES ABOUT PEER RELATIONSHIPS

#### Research-Based Books

- Berndt, T. J., & Ladd, G. W. (Eds.). (1989). *Peer relationships in child development*. New York: Wiley.
- Crockett, L. J., & Silbereisen, R. K. (Eds.). (2000). *Negotiating adolescence in times of social change*. New York: Cambridge University Press.
- Feldman, S. S., & Elliott, G. R. (Eds.). (1990). *At the threshold: The developing adolescent*. Cambridge, MA: Harvard University Press.
- Kuczynski, L. (Ed.). (2003). *Handbook of dynamics in parent-child relations*. Thousand Oaks, CA: Sage.
- Pollack, W. (1998). *Real boys: Rescuing our sons from the myths of boyhood*. New York: Random House.
- Steinberg, L. (1999). *Adolescence*. Boston: McGraw-Hill.

#### Popular Press Books

- Caron, A. F. (1992). *'Don't stop loving me: A reassuring guide for mothers of adolescent daughters*. New York: Harper Perennial.
- Giannetti, C., & Sagarese, M. (2001). *Cliques: 8 Steps to help your child survive the social jungle*. New York: Broadway Books.
- Steinberg, L. (2014). *Age of opportunity: Lessons from the new science of adolescence*. New York: Houghton Mifflin Harcourt.
- Steinberg, L. (2011). *You and your adolescent: The essential guide for ages 10-25*. New York: Simon & Shuster.
- Thompson, M., Cohen, L. J., & O'Neill Grace, C. (2002). *Best friends, worst enemies: Understanding the social lives of children*. New York: Random House.
- Wiseman, R. (2002). *Queen bees and wannabes: Helping your daughter survive cliques, gossip, boyfriends and other realities of adolescence*. New York: Three Rivers Press.

#### Websites listed on back.



## Websites

- Family and Home Network: <http://www.familyandhome.org>
- Focus Adolescent Services: <http://www.focusas.com/Parenting.html>
- Parenting.org: A free online resource from the parenting experts at Boys Town: <http://www.parenting.org>