



BULLYING: A BIG PROBLEM WITH BIG CONSEQUENCES

Video Resources for Parents and Teens

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These video clips are designed to help parents and caregivers start a conversation about bullying with their teens. Although these clips do not include any extreme examples of bullying, we recommend that you view them before sharing them with your teen. We also include questions you can ask your teen to initiate a discussion about bullying.

GENERAL CLIP

The scenes in this clip depict realistic bullying scenarios developed and filmed with students:

www.youtube.com/watch?v=9T9i1tat3pQ

- How realistic do you think these situations are?
- Have you seen something like this at school? Or is bullying less obvious at school?
- How can you tell if someone is being bullied?

VIDEO MESSAGE ON BULLYING

A video of a letter from a boy with autism who describes his experience being bullied:

<http://www.geelongadvertiser.com.au/extras/video/elijah/index.html>

- How does this clip help you understand the experience of someone with a disability?
- What would you do to help him if you were this boy's parents?

CLIP FROM THE 2011 DOCUMENTARY "BULLY" (AVAILABLE ON NETFLIX)

In this clip, Kelby, a lesbian teenager, describes some of the bullying she experienced at school:

www.youtube.com/watch?v=uvtPyV0khVo

- Why do you think lesbian and gay kids get bullied more than other kids?
- What do you think it would take at your school to create a safe space for all students?

CLIP ON CYBERBULLYING

In this trailer for the movie "Cyberbully," Taylor learns that people have been spreading rumors about her: https://www.youtube.com/watch?v=fk_YSO0py7s

- What, if anything, could Taylor have done to stop the cyberbullying?
- What are your family rules about going online?
- Has anyone ever been rude to you online? What did you do?