CHILDREN, YOUTH & FAMILY CONSORTIUM

Lessons from the Field Goals & Objectives

UNDERSTANDING IMMIGRATION AND REFUGEE TRAUMA

JANUARY 17, 2013

PRESENTERS

• Carolyn Garcia, Ph.D., University of Minnesota, School of Nursing
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• Andrea Northwood, Ph.D., L.P., Director of Client Services, Center for Victims of Torture

AUDIENCE

This seminar content is applicable for graduate students and professionals who work with children, youth, and families. The target audience includes (but is not limited to): child protection workers, educators, nurses, psychologists, public health workers, social workers, and pediatric and primary care physicians, juvenile justice workers, legal advocates, and policy makers.

CONTENT

The format for this seminar includes didactic presentations from researchers and community practitioners, videos, and moderated discussion with an immigrant family who participated in the Photovoice project.

GOAL

Facilitate professionals’ use of a broad and inclusive lens in their work with children, youth, and families impacted by homelessness:

• Restore and promote emotional and psychological safety
• Promote healing and wellness

OBJECTIVES

Participants will learn to:

• Identify a framework for understanding the complex context in which families immigrate to Minnesota; to the U.S.
• Describe how experiences and resources differ between immigrants living in urban versus rural communities
• Identify reasons that immigrant youth and families experience educational and health inequities and disparities
• Describe appropriate intervention strategies that restore and promote mental health for immigrant children and youth
• Identify and engage with community-based agencies to promote mental health for immigrant families

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