

# UMN Leatherdale Equine Center 10<sup>th</sup> Anniversary Youth Horse Owner Extravaganza

## Saturday, November 4, 2017

10:00 am to 3:00 pm



University of Minnesota Leatherdale Equine Center  
1801 Dudley Avenue St. Paul, MN 55108

Registration Fee: \$25 (includes box lunch and proceeding)

Online registration available at [www.regonline.com/YouthHorse2017](http://www.regonline.com/YouthHorse2017)

Registration deadline is November 1 at 11:59 pm. Program limited to 100 participants.

### PROGRAM AGENDA

9:30	<i>Doors open. Pickup program materials</i>			
	<b>Nutrena Conference Center</b>		<b>Barenscheer Arena</b>	
10:00	<p><b>Nutrition 101</b> <i>The top 10 things you need to know about feeding your horse or pony.</i> Marcia Hathaway, PhD</p>	<p><b>Mythbusters: Horse and Pony Edition</b> <i>Can my pony throw up? Can my horse eat alfalfa? Is corn safe for horses? Find out here!</i> Amanda Grev, MS</p>	<p><b>Wash Your Hooves</b> <i>Keeping bad germs away from your horse(s) and out of the barn.</i> Abby Neu, MS</p>	<p><b>Horse Yoga 101</b> <i>10 stretches you can do to improve your horse's flexibility and fitness.</i> Amanda Reiter, BS</p>
11:00	<p><b>Fun with Forages</b> <i>What type of forage should I feed my horse? Are pasture and hay created equal? How much should I be feeding?</i> Krishona Martinson, PhD</p>	<p><b>Winter Care 101</b> <i>Tips on keeping your horse cozy throughout Minnesota winters, including best practices for feeding, blanketing, and cold weather riding.</i> Michelle DeBoer, MS</p>	<p><b>Cuts, Scrapes, and Bites: Oh My!</b> <i>When to call the vet vs. do it yourself treatment of minor injuries.</i> Lauren Hughes, DVM</p>	<p><b>Is My Horse Too Fat?</b> <i>Learn several techniques for assessing your horse's bodyweight, including weight tapes, body condition score, and the Healthy Horse app.</i> Devan Catalano, MS</p>
Noon	Lunch (provided)			
1:00	<p><b>Fun with Forages</b> <i>What type of forage should I feed my horse? Are pasture and hay created equal? How much should I be feeding?</i> Krishona Martinson, PhD</p>	<p><b>Mythbusters: Horse and Pony Edition</b> <i>Can my pony throw up? Can my horse eat alfalfa? Is corn safe for horses? Find out here!</i> Amanda Grev, MS</p>	<p><b>Cuts, Scrapes, and Bites: Oh My!</b> <i>When to call the vet vs. do it yourself treatment of minor injuries.</i> Lauren Hughes, DVM</p>	<p><b>Horse Yoga 101</b> <i>10 stretches you can do to improve your horse's flexibility and fitness.</i> Amanda Reiter, BS</p>
2:00	<p><b>Nutrition 101</b> <i>The top 10 things you need to know about feeding your horse or pony.</i> Marcia Hathaway, PhD</p>	<p><b>Winter Care 101</b> <i>Tips on keeping your horse cozy throughout Minnesota winters, including best practices for feeding, blanketing, and cold weather riding.</i> Michelle DeBoer, MS</p>	<p><b>Wash Your Hooves</b> <i>Keeping bad germs away from your horse(s) and out of the barn.</i> Abby Neu, MS</p>	<p><b>Is My Horse Too Fat?</b> <i>Learn several techniques for assessing your horse's bodyweight, including weight tapes, body condition score, and the Healthy Horse app.</i> Devan Catalano, MS</p>
3:00	Program adjourns			

Participants will be working with horses in an indoor arena, so please dress accordingly. The program is recommended for youth in grades 6<sup>th</sup> to 12<sup>th</sup>, but is open to everyone. Parent chaperons are not required for youth 6<sup>th</sup> grade and older (chaperons are encouraged for youth 5<sup>th</sup> grade and younger). Parents attending the program will have to register. In case of inclement weather, session will be cancelled and registration fees will be refunded. No refunds given in the absence of inclement weather. Registered participants that do not attend will be sent proceedings via US mail.