

Communication During Deployment

How will the child(ren) and the deployed parent communicate with one another? How often?	
Our plan	Notes
Do we as parents want to schedule a time one-on-one each month to discuss family issues? If so, when?	
Our plan	Notes
What family issues will we discuss? Should we only focus on the big issues or on decisions that both parents can influence? How about the everyday events – how should these be handled to keep the soldier up-to-date with the family?	
Our plan	Notes
Other communication issues:	
Our plan	Notes

Operation Family:

Creating a plan to make parenting and family decisions when a military parent is deployed.

Developed by the University of Minnesota Extension Center for Family Development and Operation Military Kids For more information, see "Supporting Military Families in Minnesota" at www.parenting.umn.edu.

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