

# Family Time

<b>What do we think is the right balance between family time vs. friend/activity time?</b>	
<b>Our plan</b>	<b>Notes</b>
<b>What are our expectations or preferences about meal times?</b> Will meals be eaten as a family at the table or in front of the TV? How often is it appropriate to eat out or bring take-out food home instead of preparing food at home?	
<b>Our plan</b>	<b>Notes</b>
<b>How will grocery shopping get done?</b> What is the budget? Will children participate? What is the budget for eating out?	
<b>Our plan</b>	<b>Notes</b>
<b>If a child has a birthday, religious and cultural celebration, graduation or other special event during the deployment time, will there be a special celebration?</b> Who will be invited? What will it look like? What is our budget? Are gifts involved? What kind?	
<b>Our plan</b>	<b>Notes</b>

## Operation Family:

Creating a plan to make parenting and family decisions when a military parent is deployed.

Developed by the University of Minnesota Extension Center for Family Development and  
Operation Military Kids For more information, see "Supporting Military Families in Minnesota" at [www.parenting.umn.edu](http://www.parenting.umn.edu).

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<b>What holidays will occur during the deployment? Are there certain expectations around these holidays? Who will be involved? Costs? Traditions?</b>	
<b>Our plan</b>	<b>Notes</b>
<b>Will the family take a vacation while the parent is deployed? When the parent returns? Where? Cost?</b>	
<b>Our plan</b>	<b>Notes</b>
<b>Other family time/event issues:</b>	
<b>Our plan</b>	<b>Notes</b>

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