

## Recommended Books

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Budd, L. (2003). *Living with the Active, Alert Child*. Seattle, WA: Parenting Press - \$12.95.  
Discusses different temperaments in children.

Butler, S., & Kratz, D. (1999). *The Field Guide to Parenting: Comprehensive Handbook of Great Ideas, Advice, Tips and Solutions for Parenting Children Ages One to Five*. Worcester, MA: Chandler House Press - \$25  
Great book on child development birth - 5yrs.

Coloroso, B. (2003). *The Bully, the Bullied, and the Bystander*. New York, NY: HarperCollins Publishers, Inc - \$13.95  
Discusses the triad of bullying from pre-school to high school.

Coloroso, B. (1994). *Kids are Worth it!* New York, NY: Avon Books - \$12.95  
Focuses on how to influence and empower your children.

Crary, E. (1994). *Love & Limits*. Seattle, WA: Parenting Press, Inc. - \$6.95  
Easy to read book for parents on simple tools to use with children.

Davis, L., & Keyser, J. (1997) *Becoming the Parent You Want to Be*. New York, NY: Broadway Books - \$20.  
Strategies for parenting children birth through 5.

Dawson, C., & Illsley Clark, J. (1998). *Growing Up Again - Second Edition: Parenting Ourselves, Parenting Our Children*. San Francisco, CA: Harper & Row - \$16  
Especially good for re-parenting after abuse etc.

Illsley Clark, J. (2004). *How Much is Enough?* New York, NY: Marlowe & Company - \$14.95  
New research on overindulging children.

Illsley Clark, J. (1998). *Who Me? Lead a Group?* Seattle, WA: Parenting Press, Inc - \$9.95  
A good, easy to read book on group facilitation for parent educators.

Steinberg, L. (2004). *10 Basic Principles of Good Parenting*. New York, NY: Simon & Schuster - \$22; \$12 paperback.  
Good all around book linking principles of parenting to healthy child development.

Straus, M. (1994). *Beating the Devil Out of Them*. New York, NY: Lexington Books - \$24.95  
Discusses violence prevention research, including physical punishment of children as a risk factor.

Walsh, D. (2007). *No: Why Kids of All Ages Need to Hear it and Ways Parents Can Say it*. New York, NY: Free Press - \$23

Walsh, D. (2004). *Why Do They Act that Way?* New York, NY: Free Press - \$23  
Recent research on teen brain development.

Wood, C. (2007). *Yardsticks: Children in the Classroom Ages 4-14: A Resource for Parents and Teachers*. Greenfield, MA: Northeast Foundation for Children - \$15.95  
Best child development book for elementary age.

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